

TALK SAVES LIVES

An Introduction to
Suicide Prevention

Saturday, March 25 at 11am

Suicide is a terrifying thought. We don't want to think about it, let alone talk about it. But talking saves lives, and saving lives overcomes discomfort or fear. Talking about it helps everyone understand the causes, risk factors, and signs of those at risk. Talking gives hope and comfort to those left behind.

Join us and Daryl Velez of The American Foundation for Suicide Prevention for this program, and find out how to feel hope or give hope to others.

Call 914-631-7734 for more information



American Foundation
for Suicide Prevention



Warner Library
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